

## PATIENT DISASTER “TO DO” LIST

- Learn which evacuation zone your home is in and create a personal plan
- Learn your dialysis facility’s emergency policies (scheduling / change of location pre and post event)
- Update your emergency contact information at the facility (local and out-of-state)
- Gather emergency supplies, medicines & personal papers and place in a secure container (plan for two weeks)
- Get a copy of the emergency diet for dialysis patients
- Plan for back-up transportation to dialysis
- Get a list of dialysis facilities and hospitals in the area
- Ask your social worker about “special shelters”
- Write down toll-free numbers to call for dialysis after the event (if your facility is closed)
- Listen to local TV and radio for “dialysis updates”
- PD patients should have enough supplies for 5 - 7 days
- Transplant patients should have enough medicine for two weeks

## RESOURCES

- Preparing for Emergencies: A Guide for People on Dialysis (CMS) –available in English and Spanish at: <http://www.qirn3.org/Patients-and-Families/Emergency-Preparedness.aspx>
- Dialysis Facility Compare: <https://www.medicare.gov/dialysisfacilitycompare/>
- Centers for Disease Control and Prevention (hurricane information in Spanish & other languages) <http://emergency.cdc.gov/disasters/hurricanes/index.asp>
- NJOEM: <http://www.state.nj.us/njoem/>
- Puerto Rico AEMEAD: <http://www2.pr.gov/AGENCIAS/AEMEAD/Pages/default.aspx>
- Virgin Islands OEM: <http://www.vitema.gov/>