



VOCATIONAL REHABILITATION (VR)

Having chronic kidney disease has changed your life, but there are things you can do to reduce its impact on your lifestyle and income. Work with your dialysis team to feel well enough to gain employment. You should be able to do most of the job tasks you did before you started dialysis. If an employer requires hard labor, you may even be able to do that job with an assist device or labor-saving equipment. VR can:

- Evaluate your strengths, resources, priorities, concerns, abilities, capabilities, and career interests
- Help you get education or training you need to get a good job
- Help you get the special equipment you need to do that job
- Provide changes to your home so you can work
- Help you keep a job after you get one

AM I ELIGIBLE FOR SERVICES FROM VR OR AN EMPLOYMENT NETWORK (EN)?

Social Security's Listing of Impairments says dialysis and a new transplant may limit workability. If you want a job and get disability checks from Social Security, the Ticket to Work (TTW) program can help you get services through your state VR or a private EN office.

WHAT STEPS SHOULD I TAKE NEXT?

Ask your dialysis social worker today about VR. Your social worker can help you identify local agencies and resources, and help you make a plan. Other questions you should ask your treatment team:

- How can my treatment plan be modified to fit my work goals?
- What schedule options are available to better accommodate my work goals?
- Would other types of dialysis treatment work better with my work goals?

Contact your local VR or EN office and ask how to apply. You do not need a referral – you can contact them directly. Explore these resources:

- Social Security's Ticket to Work Program: The Work Site (www.ssa.gov/work/)
- Guided or Direct EN Search: <https://choosework.ssa.gov/findhelp/> or 1-866-968-7842
- Your local Division of Rehabilitation Services (DORS) or EN, as listed below:

	Website	Phone
Network 3		
New Jersey	https://careerconnections.nj.gov	1-609-292-5987
Puerto Rico	www2.pr.gov/Directorios/Pages/InfoAgencia.aspx?PRIFA=126	1-787-729-0160
Virgin Islands	http://www.dhs.gov.vi/disabilities/index.html	St. Thomas: 1-340-774-0930 St. Croix: 1-340-773-2323

Network 4		
Delaware	https://dvr.delawareworks.com/	1-302-761-8275
Pennsylvania	www.dli.state.pa.us	1-717-771-4407
Network 5		
Maryland	https://dors.maryland.gov	1-888-554-0334 1-410-554-9442
Virginia	https://www.vadars.org	1-800-552-5019
Washington, D.C.	https://dds.dc.gov/	1-202-442-8400
West Virginia	www.wvdrs.org	1-800-642-8207

To file a grievance, please contact your designated ESRD Network below.

Quality Insights Renal Network 3

1-888-877-8400

109 S. Main Street, Suite 21

Cranbury, NJ 08512

www.qirn3.org

Quality Insights Renal Network 4

1-800-548-9205

610 Freedom BusinessCenter, Suite 102

King of Prussia, PA 19406

www.qirn4.org

Quality Insights Renal Network 5

1-866-651-6272

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