

PATIENT DISASTER “TO DO” LIST

Learn which evacuation zone your home is in and create a personal plan

Learn your dialysis facility’s emergency policies (scheduling / change of location pre and post event)

Update your emergency contact information at the facility (local and out-of-state)

Gather emergency supplies, medicines & personal papers and place in a secure container (plan for two weeks)

Get a copy of the emergency diet for dialysis patients

Plan for back-up transportation to dialysis

Get a list of dialysis facilities and hospitals in the area

Ask your social worker about “special shelters”

Write down toll-free numbers to call for dialysis after the event (if your facility is closed)

Listen to local TV and radio for “dialysis updates”

PD patients should have enough supplies for 5 - 7 days

Transplant patients should have enough medicine for two weeks

RESOURCES

Preparing for Emergencies: A Guide for People on Dialysis (CMS) –available in English and Spanish at: <http://www.qirn3.org/Patients-and-Families/Emergency-Preparedness.aspx>

Dialysis Facility Compare www.medicare.gov

NJOEM: <http://www.state.nj.us/njoem/>

Puerto Rico OEM: <http://www.manejodeemergencias.gobierno.pr/>

Virgin Islands OEM: <http://www.vitema.gov/>