

# Welcome to the transplant waitlist.

Congratulations! You worked hard to get here.  
Let's go over a few things.



## Staying Ready for Your Transplant

### **Health**

- Follow your diet and your dialysis treatments, take your medicines as directed, and stay active. Let your transplant coordinator know of changes in your health- like infection and any change in medications.

### **Re-evaluation**

- Your transplant center will monitor you while you are on the waitlist. Keep your scheduled appointments with the transplant team.

### **Living Donation**

- You can get transplant sooner. Sometimes family members or friends will offer to donate. Ask your transplant center for advice on how to ask for living donors.

### **Multi-listing**

- Getting listed in more than one transplant center gives you an increased chance for an organ offer. Let your dialysis facility know right away if you get waitlisted at another transplant center.

## Keeping Your Records Up-to-Date

### **Contact information**

- Tell your dialysis unit and transplant center when you have a change of address, phone and or emergency contact person as soon as possible. They need to have a way to get hold of you at all times.

### **New Insurance**

- Inform your dialysis unit and transplant center when you have a change in insurance coverage and provide a copy of your card.

### **Transfer**

- Let the transplant center know the name of your new dialysis facility.
- Tell your new dialysis facility where you are waitlisted for kidney transplant.
- Your new facility will need to send your monthly blood samples. This will ensure you maintain waitlist status.

### **Waitlist Status Change**

- Tell your dialysis unit if you received notification regarding a change in your waitlist status. This will facilitate prompt action if required.

For more information on ways to get ready for transplant, visit UNOS Transplant Living at <https://transplantliving.org/before-the-transplant/waiting-for-your-transplant/>.