

Kidney Dialysis Support Group

Welcome to your first Dialysis Center Support Group meeting! We are so happy you decided to join us. We welcome you.

What is this support group about?

Our dialysis support group is for our patients, their families and/or caregivers. Our group is designed to share coping strategies, increase empathy & awareness, to feel more empowered and find the support and encouragement needed to live the best life possible with end-stage renal disease, dialysis and for those that care for people on dialysis.

What is confidentiality and why is it important?

Confidentiality is an agreement or promise to only speak about what is shared in the group with group members and within the group. This is important so that a level of trust is established so members can share as openly and honestly as they would like. Please honor this agreement. If you do not abide by this request for confidentiality, you may be asked to leave the group.

Group Parameters

- Focus on supporting one another
- Respect each other's point of view
- Allow everyone a chance to speak
- Listening and not speaking is okay too
- Respect each other's right to discuss their religious beliefs
- Zero tolerance for bullying and discrimination based upon one's race, color, national origin, religion, sex (including pregnancy and gender identity), sexual orientation, disability, and age.
- Abide by the rules for confidentiality
- Please refrain from complaining about the clinic or staff