

MY ACCESS PLAN

Step #	Step Name	Date Scheduled	What Does This Step Mean For Me?	Date Step Completed
Step 1	Making an access plan		This step shows you what is in an access plan. Once you review it, you will see what step you are on.	
Step 2	Finding the best place for my access		This step tells you how the surgeon will find the best place for your access to go.	
Step 3	Going to see the surgeon		You will need to go see the surgeon before you getscheduled for your surgery. This step tells you how to prepare for the visit and what will happen on the visit.	
Step 4	Going for surgery		This is a big step, so make sure you read it carefully. You will learn what will happen when you go for surgery and about going back to see the surgeon.	
Step 5	Waiting for my access to mature or heal		How long this step takes will depend on what kind of access you have. Your dialysis care team will help you understand what this means for you.	
Step 6	Using my access		This step tells you what to expect when the dialysis care team starts to use your access for your dialysis. They will have a plan for how to do this.	
Step 7	Getting my catheter out		Once you are using your access without any problems, you will need to go to have your catheter taken out.	
Step 8	Taking care of my lifeline for a lifetime		This step tells you how to do your daily one minute access check. Your care team will teach you how to do the check.	

Name _____