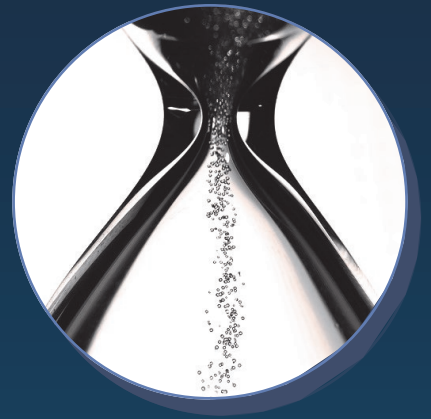


COPING WITH THE EMOTIONAL CHALLENGES OF DIALYSIS

TAKE CHARGE OF
YOUR HEALTH!



- ◆ Set Realistic Goals for Yourself
- ◆ Find Support in Your Peers
- ◆ Speak with Your Social Worker
- ◆ Take Care of Yourself
- ◆ Strive to Maintain a Positive Attitude

KIDNEY DISEASE & QUALITY OF LIFE SURVEY-“KDQOL”

The KDQOL survey will help you understand how the challenges of dialysis are affecting your quality of life!

IT IS OK TO ASK FOR HELP!

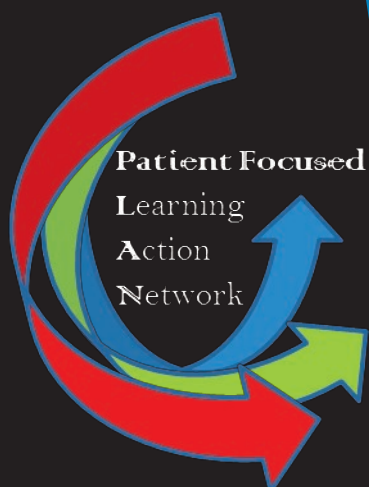
YOU DO NOT HAVE TO FACE THE
CHALLENGES ALONE!

To File a Grievance Please Contact QIRN3

Patient Toll Free Telephone:

1.888.877.8400

109 South Main Street, Suite 21 ◆ Cranbury, NJ 08512 ◆ www.qirn3.org ◆ Fax: 609.490.0835



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Quality
Insights
Renal Network 3